The Burry North & Burry South IDTs are responsible for the coordinated delivery of community mental health services in designated localities. This includes support for children & their families, adolescents, working age & older adults & individuals with a learning disability.

We provide clinical interventions to address complex mental health needs, as well as certain specialist difficulties such as ADHD & autism. We have a range of qualified & experienced clinicians including doctors, nurses, social workers, occupational therapists, support workers, psychologists & psychiatrists.

The service is help to patients arriving at an acute hospital in the region who have mental health issues or need mental health assessment. We offer mental health assessments, brief intervention & treatments for people experiencing mental health difficulties within the acute hospital. For patients at one of the participating acute hospitals, they are automatically eligible for help. All referrals come from within the hospital. We do not take self-referrals. All hospitals are currently served except James Paget Hospital - an extension of the service to this hospital is in progress.

Referrals for Memory Assessment are made via the Access & Assessment Team for triage & appointment allocation. The aim of the early intervention memory service is to deliver early diagnosis & intervention for people with mild to moderate dementia. It will provide all patients who fulfil the referral criteria with a person-centred service, which empowers people with dementia & their carers to make informed decisions about care & which helps maximise quality of life, reducing the risk of crises & enabling patients to be cared for at home while this is the preferred place of care.

Assessments & interventions for adults suffering from acute, severe & enduring mental health problems including anxiety, depression, psychosis, confusion & related behavioural problems. All emergency & urgent referrals come through the Access & Assessment Team. To access the Open Referral system, please call 0300 790 0371.

- Assessment & diagnosis of mental health problems & risk management
- Monitoring of mental health difficulties & agreed treatment plans
- Therapeutic interventions including provision of personal care in support of packages & care homes

Sue Ryder Dementia Helpline

Information & support to anyone living in Suffolk. Worried about memory loss? Find out more about dementia? Do not know where to go for help? What support is available? Or just someone to talk to. All calls are confidential.

Sue Ryder Family Carers

Sue Ryder Family Carers offer free Wellbeing sessions for Family Carers. You will be in a group with other Family Carers & we will look at what choices, if any, you had in becoming a Family Carer & how your situation may make you feel quite anxious. We will look at early warning signs, coping strategies, how to be more assertive, prioritise your own needs & begin to relax more.

Due to the nature of the course, it is essential that you book & unfortunately cannot join the course midway.

Groups run at Haverhill Havelock & Needham Market.

Sue Ryder's Dementia Helpline and Family Carers provide one to one support to people with dementia, carers & others close to them. The service is unique to personal circumstances, it provides information & practical support to help greater understanding about living with dementia & their family carer. Our Dementia Advisors are there to help the concerns & needs of each person & their family carer.

Our Advisors will provide advice & information tailored to each person to give them more control & help them understand what services are available & how to access them.

Have you been told you have dementia & need some advice & guidance? Are you caring for someone with a diagnosis of dementia? Suffolk Age UK, in Partnership with Sue Ryder & Suffolk Family Carers will provide advice & guidance to any Suffolk resident who has a diagnosis of dementia & their family carer. Our Dementia Advisors are there to help the concerns & needs of each person & their family carer.

A flexible & enhanced domiciliary care for people with dementia at moments of crisis & strain. Spotted purchased by Adult & Community Services from Care UK. By providing an opportunity to stabilise situations, develop people's capacity to maintain their independence & allow for greater assessment of people's on-going needs. Available for people with dementia & Family Carers. Same day, short-term re-admission support.

Referrals are help to in the hospital or via the Access & Assessment Team. Working towards dementia care one day but only a welfare visit the next. Service is accessed through & intensively case managed through the Dementia Cluster Social Work Team, working together with the DIST & other community services.

For more information & to access the service, please contact us on 01284 733188.